

Using Audacity 1.2.6 on Mac

Using Audacity:

Download and Install:

- ♦ Use this link <http://audacity.sourceforge.net/>
- ♦ Choose Audacity 1.2.6 version
- ♦ Click on the download link
- ♦ Follow instructions
- ♦ Save the file to a location on your computer
- ♦ Run the downloaded file
- ♦ Download LAME mp3 encoder from http://sourceforge.net/project/showfiles.php?group_id=290&package_id=309
- ♦ Extract the file

Breaking a large file into smaller files:

- ♦ OPEN your interview file
- ♦ Choose SELECTION tool and drag on the audio track to mark a section
- ♦ Go to EDIT menu
- ♦ Choose CUT/COPY
- ♦ Open a new empty file
- ♦ PASTE the section

Deleting sections:

- ♦ Use SELECTION tool and drag on a section you want to delete
- ♦ Press DELETE button on your Keyboard

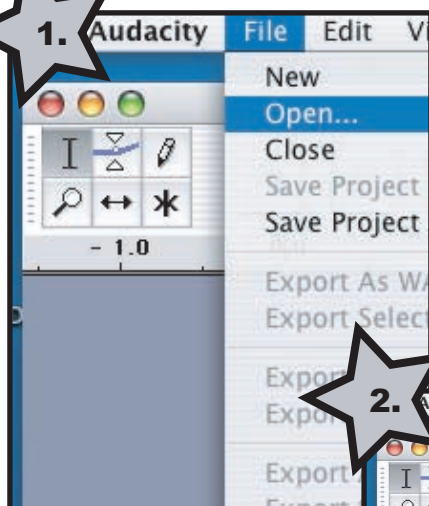
Saving files:

- ♦ Use EXPORT option to save files in .mp3 or .wav format

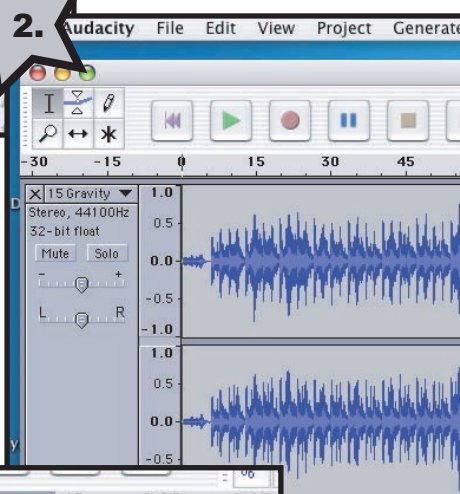
Locate LAME encoder on computer:

- ♦ For the first time alone you will need to find the LAME file on your computer
- ♦ After choosing EXPORT AS .MP3 the program will ask you to find the encoder
- ♦ Choose OK
- ♦ Find the file and double click on it
- ♦ Then another window will open with option for TITLE, ARTIST etc
- ♦ Name the file and click OK

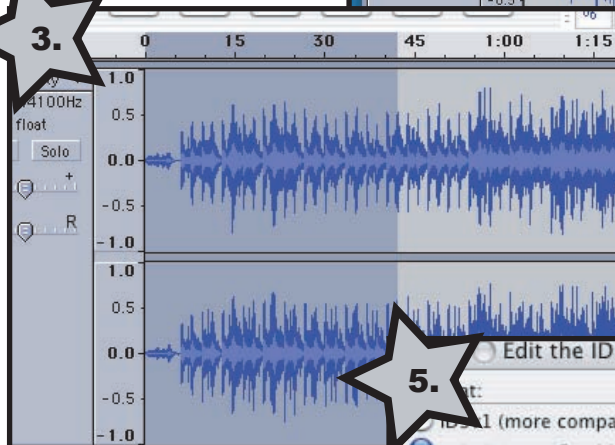
1.



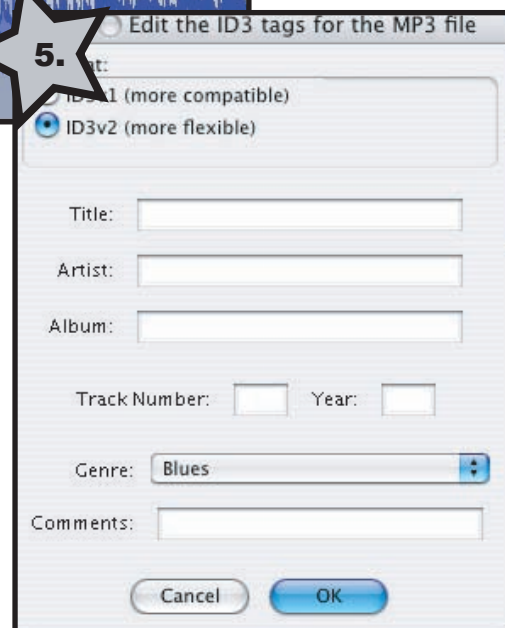
2.



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